



NEBULIZER PATIENT USER GUIDE (2 sided)

BEFORE EACH TREATMENT

- ✓ Wash your hands thoroughly with soap and water.
- ✓ Place the nebulizer on a clean, flat surface.
- ✓ Inspect the compressor, tubing, medication cup, mouthpiece or mask for damage.
- ✓ Verify the air filter is clean (if applicable).
- ✓ Use only medications prescribed by your healthcare provider.

SETTING UP YOUR NEBULIZER

1. Connect the air tubing to the compressor and nebulizer cup.
2. Add the prescribed medication to the medication cup.
3. Securely attach the mouthpiece or face mask.
4. Sit upright in a comfortable chair.
5. Plug the compressor into a grounded electrical outlet.

DURING TREATMENT

- Turn the compressor ON.
- Place the mouthpiece between your teeth and seal your lips around it, or place the mask securely over your nose and mouth.
- Breathe slowly and deeply through your mouth.
- Hold each breath for 2–3 seconds before exhaling, if able.
- Continue treatment until the medication is gone and the nebulizer begins to sputter (usually 5–15 minutes).

AFTER EACH TREATMENT

- ✓ Turn the compressor OFF.
- ✓ Disconnect the tubing and nebulizer cup.
- ✓ Empty any remaining medication (unless instructed otherwise).
- ✓ Wash the nebulizer cup and mouthpiece/mask with warm water and mild dish soap.
- ✓ Rinse thoroughly and allow all parts to air dry on a clean towel.

Do not wash the compressor or air tubing.

CLEANING & MAINTENANCE

- Clean the nebulizer cup, mouthpiece, or mask after each treatment.
- Disinfect reusable parts according to the manufacturer's instructions or as directed by your healthcare provider.
- Replace filters, tubing, masks, and nebulizer cups as recommended.
- Keep the compressor clean and free of dust.
- Store equipment in a clean, dry location.

SAFETY PRECAUTIONS

- ⚠ Use only prescribed medications.
- ⚠ Never share your nebulizer equipment with another person.
- ⚠ Do not block the compressor air vents.
- ⚠ Keep electrical cords away from water.
- ⚠ Do not operate the compressor if the cord or plug is damaged.
- ⚠ Contact your healthcare provider if your symptoms worsen or treatments become less effective.

WHEN TO SEEK MEDICAL ATTENTION

Call your healthcare provider if you experience:

- Increased shortness of breath
- Wheezing that does not improve
- Fever or signs of infection
- Difficulty completing treatments

Call 911 immediately if you experience:

- Severe difficulty breathing
- Chest pain
- Blue lips or fingertips
- Loss of consciousness